THE VIRTÙ LINE

Assembly and User Manual

Pilates Chair

Product line:	The Virtù Line
Scope:	All Pilates Chair models of the product line
Model, serial number, loading class:	see label on the device
Version / Issue:	Rev. 1.3 · August 2026
Manufacturer / Person responsible in the EU:	Bodyfit Handels KG · Wiener Straße 190 · 4020 Linz · Austria
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Conformity:	GPSR (EU) 2023/988 · benchmark EN ISO 20957-1 · purely muscle-powered — no CE marking required. A GPSR Declaration of Conformity is provided free of charge on request.

TRANSLATION OF THE ORIGINAL INSTRUCTIONS

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Safety pictograms — overview

The following symbols are used throughout this manual and on the device. They comply with the standards **ISO 7010** and **EN ISO 20957**. The symbols must be observed without exception.

W001 — General warning sign
Indicates a hazard. Read the safety information carefully.

M002 — Read instructions
Read the user manual completely before use.

W018 — Spring tension
Stored energy. Always engage springs fully.

W024 — Crushing hazard at pedal
Keep hands and feet clear of the pedal.

P027 — Keep children away
Children are not permitted near the device without adult supervision.

Max. 1 person
The device is intended for use by one person at a time.

Max. user weight
Value: see label on the device.

Indoor use only
Use exclusively in dry indoor spaces.

1 · Introduction and notes on this document

This translation of the original instructions contains all information required for safe set-up, commissioning, operation, maintenance and disposal of the device. It forms part of the product and is provided to you in **electronic or printed form** before or upon delivery. A printed copy will be sent to you free of charge upon request.

> **Read before use**
> Read this manual completely before any use of the device. Keep it near the device for future reference and pass it on to any third party in case of resale, lease or transfer.

1.1 Scope

This document applies to **all Pilates Chair models** of the The Virtù Line product line, unless explicitly stated otherwise. The Pilates Chair is a stationary Pilates training device with a spring-loaded pedal mechanism (split pedal) and height-adjustable vertical uprights for a versatile range of exercises in seated, standing and lying positions. Illustrations are symbolic; deviations in equipment and detail of individual Chair models do not constitute a defect, provided function and safety are not impaired.

1.2 Signal words used

Signal word	Meaning
DANGER	Imminent danger — serious injury or death possible.
WARNING	Potentially dangerous situation — serious injury possible.
CAUTION	Potentially dangerous situation — minor injury or material damage possible.
NOTE	Important information without injury risk.

3 · Intended use

The device is a **stationary training device** for Pilates exercises. It is intended exclusively for:

- Pilates training with pedal mechanism and vertical uprights indoors;
- Use by one person at a time;
- Use by healthy adults within the specified user weight;
- Use in private homes *or* commercial studios — depending on the loading class according to EN ISO 20957 (see cover and section 7).

Any other use is considered not intended. The operator or user is responsible for damage resulting from such use. Statutory claims, in particular under product liability law, remain unaffected.

4 · Reasonably foreseeable misuse & residual risks

The following uses are not permitted:

- Medical, therapeutic or rehabilitative use without medical or qualified professional guidance
- Use by children without direct adult supervision
- Simultaneous use by more than one person
- Climbing, standing or jumping outside of the intended exercises
- Use as furniture or step outside of Pilates training
- Outdoor use, use in damp rooms or on wet surfaces
- Unauthorised modification, alteration or repair
- Use of damaged, worn or non-approved spare parts
- Impact loading on the pedal (jumping)
- Exceeding the maximum user weight
- Releasing the pedal abruptly under spring tension
- Attaching resistance bands, ropes, straps or other aids to the device
- Using the device as a support or bracing point for stretching exercises
- Inserting objects into openings, guides or tube ends

Residual risks (despite design protection measures)

- **Crushing hazard at the pedal:** Between pedal and frame as well as at the pedal hinge. Keep hands and feet clear.
- **Stored energy in springs:** Springs that detach or break can release high forces. The pedal can spring back under tension.
- **Fall hazard:** When mounting the seat, when standing on the pedal or during exercises with the uprights.
- **Impact hazard at the vertical uprights:** Particularly with head or shoulders when sitting down or standing up.
- **Injury from incorrect technique:** In case of poor form or overload.

5 · Safety information

5.1 General safety

WARNING — Risk of injury from improper use

- Use the device only in **perfect technical condition**.
- Do not use the device if you observe visible damage, unusual noises or malfunctions.
- Place the device on a **flat, stable, non-slip surface** indoors.
- Maintain a clear safety zone of **at least 0.6 m** on each side of the device.
- Wear suitable, close-fitting sportswear. Do not allow loose ribbons, jewellery or hair near the springs or the pedal.
- Make sure that **all springs are fully and correctly engaged before each use**.
- Never let the pedal snap back uncontrolled — return it slowly and under control.

DANGER — Crushing hazard at the pedal

The pedal operates under spring tension and can spring back with high force when released. During pedal movement, keep your **hands, fingers and feet** out of the area between pedal and frame as well as out of the pedal hinge zone.

5.2 Group of users

- The device is intended for use by **one person at a time**.
- Do not exceed the maximum user weight (see label on the device).
- **Minimum age 14 years.** Children and adolescents under 14 must not use the device on their own.
- **Children** may approach the device only under direct adult supervision. The device is not a toy.
- Persons with limited physical, sensory or cognitive ability may use the device only under supervision or after instruction.
- In case of pregnancy, existing illnesses, post-operative restrictions or musculoskeletal complaints: **consult a physician** before training.

5.3 Health information

Stop training if you feel unwell

Stop training immediately in case of chest pain, dizziness, shortness of breath, weakness or other discomfort and consult a physician. Pilates training does not replace medical treatment.

5.4 Safety during set-up and assembly

- Unpacking and set-up by **two adults** is recommended — the Chair is compact but heavy due to the wooden frame.
- If the vertical uprights are delivered disassembled: assembly with particular care, tighten all screw connections hand-firm.
- Only put the device into operation after **complete assembly and visual inspection**.

5.5 Safety during operation

- Before each use: visual inspection of springs, spring hooks, pedal hinge mechanism, pedal padding, vertical uprights and screw connections.
- Choose the spring resistance with the pedal in rest position — never during pedal movement.
- When sitting on the seat or stepping onto the pedal: in a controlled and slow manner, holding on with both hands.
- Exercises with both hands on the vertical uprights: check the height before each exercise, verify the upright adjustment lock.
- Reduced spring tension increases the level of difficulty and demands more body control.
- Jumping or impact loading on the pedal is **not permitted**.

5.6 Safety during maintenance and cleaning

- Carry out maintenance and spring replacement only on the **device when not in use and unloaded**.
- Before any work, release and secure all springs so that no stored energy is acting — pedal in rest position.
- Use only **original spare parts or spare parts approved by The Virtù Line**.
- Do not use aggressive cleaners, solvents, alcohol or abrasives.
- Clean with a damp cloth — never apply water directly to mechanical components.

5.7 Installation site and ambient conditions

- **Do not place the device in main walkways, escape routes or in front of emergency exits.**
- The installation surface must be **level, load-bearing, firm and non-slip**.
- Keep a free safety zone of **at least 0.6 m** all round. In the direction from which the device is accessed, the free zone must be **at least 0.6 m larger than the exercise area**.
- Indoor use only: dry, well ventilated, **no direct draught**, +5 °C to +40 °C, max. 70 % relative humidity. Outdoor use and use in damp rooms or swimming pool areas is not permitted.
- **Floor protection:** On sensitive floor coverings (parquet, laminate, cork, vinyl, carpet) place a **floor protection mat** underneath. It protects against pressure marks and perspiration and compensates for minor unevenness.
- Do not place the device close to radiators, air conditioners or fireplaces, or in direct sunlight.

- Adjustment devices must not protrude in a way that obstructs the movement of the person training.

5.8 Duties of the operator / owner

Passing on the safety information

- The operator or owner of the device must **demonstrably pass on all warnings and instructions contained in this manual to every user** before they use the device for the first time.
- This manual must be kept **accessible at or near the device** at all times and must be handed over in the event of transfer, rental or resale.
- For **class S** (studio, club, hotel, rehabilitation, corporate fitness) the owner regulates access, supervision and control of the device and bears the legal responsibility for this.
- The operator ensures that the prescribed **inspection and maintenance intervals** (section 11) are observed and documented and that defective devices are **secured against further use** until repaired.
- Safety labels and pictograms attached to the device must remain legible and must be replaced if damaged.

6 · Scope of delivery

- Pilates Chair frame (wood)
- Seat cushion on seat surface
- Pedal (split pedal with two pedal pads)
- Pedal hinge mechanism
- Spring system (springs)
- Spring hooks / attachments
- Resistance adjustment
- Vertical uprights (push handles)
- Height adjustment knobs + locks for the uprights
- Base platform
- Transport wheels
- Assembly tools
- This user manual
- Model-dependent accessories — as per delivery note

Inspection on receipt

Inspect the contents immediately upon delivery for completeness and transport damage — in particular the vertical uprights, the pedal and the springs. Please report any defects as soon as possible. The statutory warranty rights remain unaffected.

7 · Technical data

This manual applies to **all Pilates Chair models** of the The Virtù Line product line. Model-specific values (model name, serial number, loading class, dimensions, own weight, max. user weight) are to be taken from the **label on the device** and the product data sheet.

Feature	Value
Model, serial number, loading class, dimensions, own weight, max. user weight	see **label on the device** and product data sheet
Loading classes according to EN ISO 20957	**H** = home use (max. 3 h daily use) · **S** = studio / commercial (intensive continuous use)
Spring colours / resistance levels	Yellow / Green (light) · Red (medium) · Blue / Black (heavy) — number and configuration depending on model
Frame material	Wood (e.g. birch multiplex) with metal fittings
Pedal padding / seat cushion	PVC cover on foam core
Vertical uprights	Stainless steel or aluminium tube construction, height-adjustable
Operating range	Indoor, dry environment, +5 °C to +40 °C, max. 70 % relative humidity
Minimum installation area	Device dimensions plus **at least 0.6 m** free safety zone on every side
Minimum age	**14 years**

Model designation and serial number

The model designation, serial number and the model-specific values are shown on the **label on the underside of the device frame**. Please have this information ready for service enquiries, spare part orders and warranty claims. The serial number is unique and serves to ensure traceability of the device.

8 · Component overview

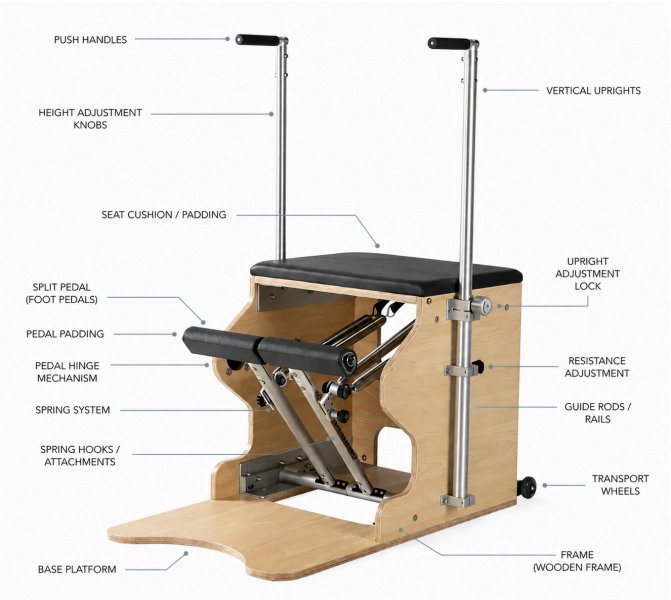

Fig. 1 — Main components of the Pilates Chair (example illustration)

Push Handles	Handles on the vertical uprights
Vertical Uprights	Vertical handle bars
Height Adjustment Knobs	Adjustment knobs for the upright height
Upright Adjustment Lock	Lock for the height adjustment
Seat Cushion / Padding	Seat cushion on the seat surface
Split Pedal (Foot Pedals)	Split pedal with two pedal pads
Pedal Padding	Padding on the pedals
Pedal Hinge Mechanism	Pedal hinge mechanism
Spring System	Spring system underneath the seat
Spring Hooks / Attachments	Spring hooks for resistance adjustment
Resistance Adjustment	Resistance adjustment
Guide Rods / Rails	Guide rods for the pedal mechanism
Frame (Wooden Frame)	Wooden frame
Base Platform	Base platform in front of the Chair
Transport Wheels	Transport wheels for repositioning

9 · Unpacking, set-up and commissioning

Before you begin

- Plan with **2 adults** for unpacking and set-up — the Chair is compact, but heavy due to the wooden frame.
- Prepare the installation site: flat, stable floor, sufficient space, use a protective underlay if needed.
- Have tools ready: screwdriver, hex key (some tools are included in the delivery).
- Open the packaging step by step, sort the components and check them against the delivery note — in case of visible transport damage, contact The Virtù Line or your authorised dealer immediately.

9.1 Unpacking

1. **Open the safety closures of the packaging.** Use a screwdriver to release the safety closures on the packaging. Lift off the carton carefully — the wooden surfaces are sensitive to scratches.
2. **Remove the Chair.** Two persons lift the Chair out of the box. Set it down carefully on the base platform on a flat, clean surface.
3. **Check the components.** Take out all remaining components according to the delivery note and lay them out clearly. Inspect all parts for transport damage.

9.2 Mounting the vertical uprights

4. **Check the mounts on the frame.** The mounts for the vertical uprights are on the side of the rear frame. Clean the mounts of any packaging residue if necessary.
5. **Insert the uprights.** Insert the vertical uprights from above into the mounts. Make sure that the holes for the height adjustment face forward.
6. **Close the locks.** Close the side-mounted locks (upright adjustment lock) to secure the uprights firmly.
7. **Adjust the height.** Loosen the height adjustment knobs, bring the uprights to the desired training height and tighten the knobs hand-firm. Both uprights must be set at exactly the same height.

9.3 Engaging the springs

8. **Choose the springs.** Choose the desired resistance according to your training level (see section 10.1).

9. **Engage the springs on both sides.** Hook the springs on both sides into the dedicated spring hooks — one side on the pedal, the other side at the corresponding position of the resistance adjustment on the frame. After each spring, check the fully engaged, secure fit on both sides.
10. **Visual inspection.** Check all springs, spring hooks and the pedal hinge mechanism for full and firm fit.

> **WARNING — Engage springs fully**
> A spring that is not fully engaged can detach under load with high force and cause severe injury. Check **before every use** that all springs are fully and securely engaged on both sides.

9.4 Final inspection before first use

Carry out a systematic visual inspection:

- Are all screw connections at the wooden frame, fittings and upright mounts firmly tightened?
- Are all springs fully and securely engaged on both sides?
- Pedal hinge mechanism running smoothly without scraping noises?
- Pedal padding and seat cushion firmly attached to the frame?
- Vertical uprights wobble-free and locked at the same height on both sides?
- Height adjustment knobs tightened hand-firm?
- Stable on a flat, non-slip surface?
- Clear safety zone of at least 0.6 m around the device?

9.5 First commissioning

1. Test run of the pedal without load (one light spring engaged) — smooth, quiet, controlled return.
2. Check the vertical uprights — no wobble under push and pull.
3. After the first training sessions, retighten all screw connections — settling is normal and material-related.

10 · Operation & training information

10.1 Choosing the spring resistance

The spring colours indicate different resistance levels (varying slightly depending on the model):

Colour	Resistance	Typical application
Yellow / Green	light	Beginners, mobility, precise stabilisation exercises
Red	medium	Standard, majority of exercises
Blue / Black	heavy	Leg work, strength exercises, advanced applications

Rule of thumb: start light — technique and control come before load. More springs do not automatically mean better training.

CAUTION — Resistance change only in rest position

Springs may only be changed or moved with the pedal in unloaded state — i.e. with the pedal fully swung up. Never during pedal movement or under load.

10.2 Height adjustment of the vertical uprights

1. Loosen the height adjustment knobs on both uprights.
2. Slide both uprights to the desired height — both sides exactly the same.
3. Tighten the height adjustment knobs hand-firm.
4. Before training begins: briefly check the uprights with both hands — no wobble, no play.

10.3 Mounting and dismounting

1. **Sitting on the seat:** in a controlled manner, holding on with both hands at the vertical uprights or at the frame.
2. **Stepping onto the pedal:** only with the pedal in rest position; guide the pedal in a controlled manner with the foot, never let it drop.
3. **Dismounting:** in reverse order.
4. **Pedal after end of training:** guide it back to the rest position (up) in a controlled manner — never let it spring back freely.

10.4 Notes on training

- Pilates training is based on **controlled, precise movements**. Train slowly and deliberately.
- Use the device exclusively for **officially recognised Pilates exercises**.
- Before first use, get instructions from a **qualified Pilates instructor**.
- Pay attention to clean form — never abrupt.

- After end of training: pedal in rest position, springs left at desired position or moved to base setting, store accessories.

10.5 Training clothing

- Wear **close-fitting, breathable sportswear**. Wide or loose clothing, ties, cords, scarves and jewellery can become caught in moving parts.
- Tie back long hair.
- Pilates is practised **barefoot or with non-slip socks**. Street shoes and shoes with heels, leather soles or profiled soles are unsuitable.
- Use a towel to absorb perspiration and protect the upholstery.

10.6 Warm-up and cool-down

Begin **every** training session with a warm-up phase and end it with a cool-down phase. The warm-up prepares muscles, joints and circulation for the load and reduces the risk of injury; the cool-down supports recovery.

Warm-up (approx. 5–10 minutes, without the device or at the lowest resistance):

1. Stand upright, feet approximately hip-width apart, shoulders relaxed.
2. Slow arm circles forwards, then backwards — approx. 30 seconds each.
3. Tilt the pelvis forwards and backwards in a controlled manner, then roll the spine down vertebra by vertebra and back up again.
4. Controlled squats with a straight back — the knees stay above the feet and do not extend beyond the toes.
5. Start the first exercises on the device with **low resistance** and a small range of motion.

Cool-down (approx. 5 minutes): calm stretching exercises for legs, hip flexors, back and shoulders; hold each position for 20–30 seconds without bouncing and keep breathing calmly.

> **CAUTION:** Do not train with pronounced muscle soreness — rest the affected muscle groups, otherwise injuries may result.

10.7 Muscle groups involved

Training on this device primarily engages:

- Deep core and abdominal muscles (powerhouse)
- Back muscles, spinal stabilisers
- Gluteal muscles
- Leg and hip muscles
- Arm and shoulder muscles
- Chest muscles
- Pelvic floor

Maintain a **neutral spine position** throughout the session: no hollow back, no rounded back. Do not fully extend the legs; keep a slight bend in the knee and elbow joints in the end position.

10.8 Training frequency and health information

- **Frequency:** For beginners, **2–3 sessions per week** of 30–60 minutes each are common. More frequent training is possible if intensity and focus are varied and sufficient recovery time remains.
- **Progression:** Start with a low load and increase volume and resistance evenly and gently. Technique and control always come before load.
- **Avoid overtraining:** Excessive training can seriously endanger your health.
- **Medication:** If you take medication regularly, check with your physician or pharmacist whether it may affect your resilience, heart rate, circulatory regulation or reaction time. Medical advice is mandatory before training if you take medication affecting the heart rate.
- **Medical clearance** is recommended in the case of: high blood pressure or cardiovascular disease (including hereditary predisposition), age over 45, smoking, elevated cholesterol levels, overweight, or after a longer period of physical inactivity.
- **Stop training immediately** in case of weakness, nausea, dizziness, pain, shortness of breath or other unusual symptoms — seek medical assistance in an emergency.

11 · Maintenance, care and cleaning

11.1 Maintenance intervals

Component	Interval	Action
Screw connections at frame, fittings and uprights	before each use (visual) / monthly (retighten)	Check tightness, retighten if necessary
Springs	before each use (visual) / at the latest every **2 years** or after **3,000 hours of use**	Visual inspection; in case of damage or expiry: replace
Spring hooks / attachments	monthly	Check for deformation, wear and firm fit
Pedal hinge mechanism	twice a year	Clean, lubricate sparingly with silicone spray
Pedal padding, seat cushion	after each use	Clean with damp microfibre cloth
Vertical uprights, height adjustment knobs	monthly	Check firm fit, verify locks
Transport wheels	twice a year	Check for smooth running

11.2 Cleaning

- Padding: soft cloth, mild soap solution, then wipe with clean water, allow to dry completely.
- Wooden frame: dry or slightly damp cloth — no standing water, no impregnation spray.
- Metal parts: dry cloth, mild soap solution if necessary.
- **Forbidden:** solvents, alcohol-based cleaners, disinfectants, abrasives — they damage padding, wood surface and coating and may void warranty claims.

11.3 Lubrication

> **Use silicone lubricant only**
> Lubricate the pedal hinge and guide rods sparingly with silicone spray. No oil, no grease, no wet lubricants. Wipe off excess lubricant with a clean cloth.

12 · Springs — inspection and replacement

Springs are **safety-relevant wear parts**. They must be inspected regularly and replaced at the latest every **2 years** or after **3,000 hours of use** — whichever comes first.

12.1 Inspection criteria (in unloaded state)

- Gaps between coils
- Kinks, deformations, material fatigue
- Corrosion, rust spots
- Damaged attachments / hooks

> **DANGER — Spring breakage under load**
> A spring breaking during use can cause severe injury. Stop use immediately if damage is detected and replace the spring without delay.

12.2 Replacement

1. Take the device out of operation, pedal in rest position (fully up).
2. Release the old spring fully on both sides from the spring hook or pedal attachment — no tension on the spring.
3. Engage the new spring exclusively in the dedicated hooks.
4. Check the fully closed and secure fit on both sides.
5. Functional check without load (guide the pedal slowly by hand).

> **Use original springs only**
> Use only original springs or springs approved by The Virtù Line. The use of non-approved springs will void the warranty and constitutes a safety hazard.

13 · Troubleshooting

Problem	Possible cause	Remedy
Pedal stiff or jerky	Dirt in the hinge; insufficient lubrication	Clean hinge, lubricate sparingly with silicone spray
Squeaking noises at pedal	Insufficient lubrication of the hinge or guide rods	Lubricate sparingly with silicone spray
Pedal does not return fully to rest position	Spring tension too low; spring not engaged correctly	Check springs, engage stronger spring if necessary
Vertical uprights wobble	Height adjustment knobs not tightened; lock not closed	Tighten knobs hand-firm, close lock
Spring slips out of the attachment	Spring not fully engaged; hooks worn	Stop use immediately — check spring/spring hook, replace if necessary
Seat wobbles	Loose screw connections at the seat	Retighten screw connections
Pedal padding loosens	Loose attachment	Check padding attachment, retighten or replace pedal padding

14 · Transport and storage

- Before any movement: release or secure the springs, pedal in rest position, dismount vertical uprights if necessary.
- Use the transport wheels for repositioning — lift the Chair slightly at the rear, roll on the wheels. For longer distances carry the device (two persons) or pack it securely.
- **Floor protection when moving:** On sensitive floors (parquet, floorboards, laminate, vinyl) line the transport route with cardboard, felt glides or a protective mat to avoid scratches and pressure marks.
- Lift the device only at stable frame parts — never at pedal, springs, uprights or seat cushion.
- Store in dry indoor spaces, protected from direct sun and heat sources; do **not** place wood frames near radiators, air conditioners or fireplaces.
- If not used for an extended period: release tension on the springs and cover with a fabric cover.
- Choose the storage location so that **unauthorised use by third parties or children is ruled out**.
- After every change of location: check the level, firm stand and the safety clearances according to section 5.7 again.

15 · Disposal

The device and its packaging may not be disposed of in household waste. Observe the national regulations.

15.1 Packaging

- Cardboard, paper: paper recycling.
- Plastic films, padding: plastic recycling.
- Wood (packaging wood): wood recycling stations or municipal bulky waste. Observe the national regulations of your country regarding the disposal of packaging wood.

The packaging has been registered with a licensed collection and recovery system in the respective EU member state (examples: ARA/ERA in Austria, ZSVR/LUCID in Germany, Citeo in France, CONAI in Italy, Ecoembes in Spain). Please dispose of packaging materials according to local regulations.

15.2 Device

- **Wood parts** (frame, base platform): wood recycling or municipal bulky waste.
- **Metal parts** (vertical uprights, springs, fittings, screws): metal recycling.
- **Upholstery** (PVC with foam): plastic collection; in case of composite material, residual waste.

> **Not an electrical device**
> This product contains **no electrical or electronic components** and is not subject to the Waste Electrical and Electronic Equipment Directive (WEEE).

16 · Conformity (GPSR)

The device is **purely muscle-powered** (no motor, no electronics) and is therefore **not machinery** within the meaning of Machinery Directive 2006/42/EC; it does **not bear a CE marking**. The governing legal basis is the GPSR (EU) 2023/988. A **GPSR Declaration of Conformity** for the product line is provided free of charge on request.

Applied legal provisions and referenced standards (state of the art):

- General Product Safety Regulation (EU) 2023/988 (GPSR)
- EN ISO 20957-1 — Stationary training equipment, safety requirements
- EN ISO 12100 — Risk assessment
- EN IEC/IEEE 82079-1 — Preparation of information for use

17 · Warranty

Bodyfit Handels KG grants the original buyer a voluntary Light Commercial Warranty based on a maximum use of 27.5 hours per week, beginning from the date of purchase as per the original invoice. The buyer's statutory warranty rights remain unaffected.

17.1 Warranty periods

Component	Warranty
Wooden frame, fittings, vertical uprights, welded constructions	3 years
Pedal hinge mechanism, guide rods	3 years
Other load-bearing components	2 years
Wear-related components (spring clips, height adjustment knobs, wheels, powder coating)	1 year
Springs (or max. 3,000 operating hours)	2 years
Upholstery (seat and pedal)	6 months

For wood frames: material may not be placed near radiators, air conditioners or other heat or cold sources — temperature- and humidity-related changes are not covered by warranty.

17.2 Not covered

- Normal wear and wear parts
- Cosmetic defects, scratches, paint wear
- Damage from improper use, negligence or misuse
- Unauthorised modifications or repairs
- Damage from unsuitable cleaners
- Transport, shipping, customs and assembly costs
- Consequential, indirect or incidental damages
- Damage from theft, fire, water, fall, external influences

17.3 Voiding of warranty

The warranty becomes void in particular if safety-relevant wear parts (especially springs) are not inspected and replaced in time, if safety and maintenance instructions are essentially disregarded, or if the device has not been used as intended.

Replacement of wear parts by the user according to this manual using original parts does not void the warranty.

17.4 Warranty handling

1. Report a warranty case in writing within **14 days** of becoming aware — preferably by e-mail to **info@bodyfit-shop.at**.
2. Provide invoice number, purchase date, description of the defect.

3. Obtain a return authorisation (RMA) before returning — returns without RMA will not be accepted.
4. The customer bears the cost of return shipping unless otherwise agreed in writing.

17.5 Limitation of liability

Liability of The Virtù Line under this voluntary warranty is limited to the time value of the device. Liability for indirect damages, consequential damages or lost profits is excluded, except in case of intent or gross negligence. The limitation does not apply in case of injury to life, body or health, intentional or grossly negligent conduct, or mandatory liability under product liability law.

17.6 Time value

Age from purchase date	Time value
up to 1 year	100 %
up to 2 years	80 %
up to 3 years	70 %
up to 5 years	60 %
over 5 years	40 %

17.7 Applicable law

Austrian law applies to this warranty relationship, with the exclusion of the UN Convention on Contracts for the International Sale of Goods (CISG). The place of performance and the exclusive place of jurisdiction for merchants is **Linz, Austria**.

18 · Frequently Asked Questions (FAQ)

What is a Pilates Chair?
A Pilates Chair is a compact, stationary training device with a spring-loaded pedal and height-adjustable vertical uprights. It enables a versatile range of exercises in seated, standing and lying positions — with significantly less space requirement than a Reformer.

Is the Chair suitable for beginners?
Basic exercises are suitable for beginners but should be learned under instruction. Advanced standing and balance exercises require experience and should initially be trained under supervision.

How do I set the right spring resistance?
It depends on the exercise, training goal, body weight and experience. Rule of thumb: start light — technique and control come before load. Move springs only with the pedal in rest position.

How much space do I need for the Chair?
Device dimensions plus at least 0.6 m safety zone on every side. Exact dimensions: see label on the device or product data sheet. The Chair is significantly more space-saving than other large Pilates devices.

Can I use the Chair alone at home?
Yes, with proper instruction. For beginners, at least a few supervised sessions are recommended.

How loud is the Chair in operation?
Very quiet when properly maintained. Noise usually comes from insufficient lubrication of the pedal hinge or loose screw connections — check regularly.

How often should I train?
2–3 sessions per week are typical. Daily use is possible, provided intensity is varied.

Do I need to wear shoes?
No. Pilates is practised barefoot or with non-slip socks.

What if the pedal is jerky or stiff?
Clean the pedal hinge, check the guide rods, lubricate sparingly with silicone spray. See section 13 — troubleshooting.

Are there any contraindications?
Yes, e.g. acute herniated discs, recent surgery, severe joint instability, balance disorders. Consult a physician or therapist before starting training.

Is training during pregnancy possible?
Only after individual medical clearance and under instruction of a prenatal-trained instructor.

19 · Manufacturer and contact information

Person placing on the market / responsible in the EU

The Virtù Line
Bodyfit Handels KG · FN 576312v · LG Linz
Wiener Straße 190
4020 Linz
Austria

Phone: +43 5356 90990
E-mail: info@bodyfit-shop.at
Web: www.virtu-line.com

Service & Support

For service requests, spare parts orders (e.g. springs, pedals, handles, upholstery) and warranty cases, please contact the address above or your authorised The Virtù Line dealer.

Recommended trainer introduction

The Virtù Line recommends an introduction by a qualified Pilates trainer before first use. On request, a professional assembly and introduction service can be booked through The Virtù Line or authorised partners.

Translation of the Original Instructions — the binding language version is German. In case of contradiction between language versions, the German version prevails.

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